



The work on the *in vitro* assay

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ART IN COMMUNITY

Margareta Vidmar

(mag.edu.reh., spec.psychotr., prac.exp.th.)



Center for rehabilitation Mali dom-Zagreb



***“The path of independent life”, Erasmus+
2021.***

ART ACTIVITIES



Part of program activities:

- Art therapy,
- Art workshops
- Social engaged Art projects (individual and group approach)



The Transdisciplinary Team - Client Assessment, Individual Education Plan (IEP) - Professionals of various professions negotiate team priorities for each client individually and work through different areas on commonly set goals

ART ACTIVITIES

Goals of Art Activities through developmental areas

- Sensory organization (research and acceptance of materials...)
- Functional motor skill (development of gross and fine motor skill...)
- Communication / Language / Literacy (verbal, alternative, nonverbal...)
- Cognition/Research and Learning Modes (imitation, attempts-errors...)
- Socio-emotional area (emotional regulation, social rules ...)
- **Inclusion**

Compliance with the curriculum/ annual educational plan and program

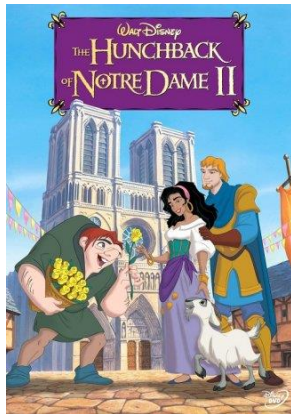
Matrix of activities / steps

Inclusion and barriers

Western Civilization - Relation to Disability

The biggest obstacle to the meaningful inclusion of disabled people in the community - negative attitudes

In the history of art, mental illness or body damage is used to describe an disaster (suffering pain, inability to enjoy material and social benefits), oppression, moral ambivalence or evil, punishment for sin - tragedy, loss, darkness, unknown - what scares the "normal world"

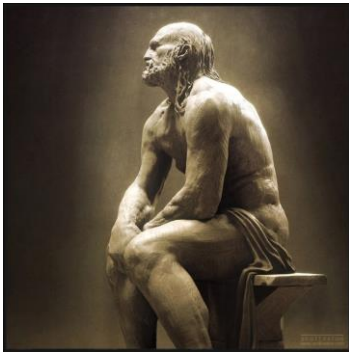


Victor Hugo "The Hunchback of Notre-Dame", 1831. (Quasimodo = half-done)



J. M. Barrie "Peter Pan", 1911.

- In the cosmological period of ancient Greece and Rome and Jewish-Christian archaic system, the concept of biological integrity is considered divine - incompleteness is legal contamination



Hefest (a blacksmith, a protector of fire)



Afrodita



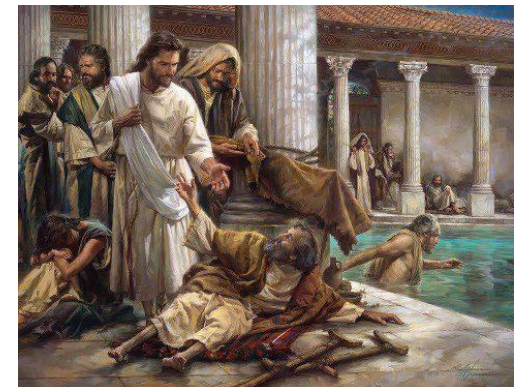
Ares



Sofoklo "King Edip"



Old Testament - warning - punishment for sin



New Testament /
Gospel According to St. Matthew
- redemption of sin

- Middle Ages – devil's surrogate and witch work, charity



Shakespeare "Richard III"



Hospital Bedlam - entertainment for Londoners
'A Rake's Progress' 1733, By William Hogarth

- 18th century - Industrial and French Revolution – period of the Enlightenment (commitment to social progress and individualism, personal interest) - advantage of majority to minorities, medicalization of body and mind



- 19th and beginning of 20th century - sensationalism – “freaks” are exhibited

- The Eugene movement (Greek words eu-- good, genos-organ , founded by anthropologist Francis Galton, 1883) - applying Social Darwinism, the social hierarchy is interpreted by the consequence of the inherent qualities and capacities of an individual (cognitive impairment, poverty, crime and illness are linked to heredity) - Nazi-Execution

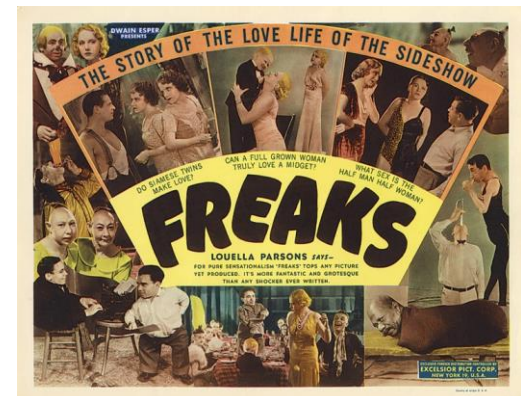


Buhenwalden

- The Christian mercy and the humanitarian values of the higher classes of the Victorian society - the charitable institution, the development of “service” and humanitarian professions



D. Lynch “The Elephant Man” 1980.
(Joseph Merrick, 19.century)



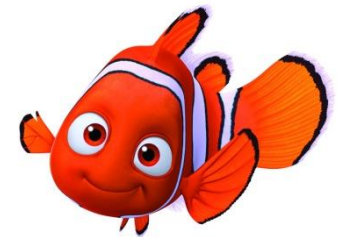
Tod Browning “Freaks” 1932.

- 21st century – still conservative tradition - the appearance of body and soul is still perceived necessarily linked - the medical model (for which contributes humanitarian organizations), the "barbie and ken" cultures



The need to change the value system

Social Model and Activism - an increasing number of movements people and artist with disability and artists who support them



"Finding Nemo"

Mat Fraser, UK, "Paraphilia to Paralympics"

SOCIALLY ENGAGED ART PROJECTS

opportunities

(independently, in cooperation, partnerships)

EXIBITIONS

- Conception and production of intriguing and interesting interactive exhibition in galleries and museums, which discussed the issue of our population and provoke established stereotyped attitudes and promote the social model
- Participation in international exhibitions

INCLUSIVE ART WORKSHOPS

A PUBLIC PERFORMANCES OR ART ACTIONS

SCULPTURES IN THE PUBLIC SPACE

GOALS

- Encourage individual and group transformation process through experience of being creative person - new experiences and identity
- Active participation in cultural and public life/change stereotypical attitudes towards people with disabilities, promote social model and positive diversity
- Remind people that creativity has everyone, creativity is important in all areas of life
- Network development - connecting with related institutions and NGOs, institutions of the regular educational system, museums, museum experts and artists

STEPS

- Selection of participations and team of experts
 - Planning (number and duration of meetings, goals, place, methods/techniques, budget and financing...)
 - Initial phase (introducing the group in the role of artist and leading through artistic process - choice of themes, learning, research, motivation, group cohesion),
 - Mid phase - Art workshops (facilitating the creative process, solving art and group problems, group dynamics)
 - Preparing the public action (good group and micro community preparation)
 - Public action (production of exhibition, performance or art action, inclusive workshops, guidance) impact on community
 - Ending – celebration, review and sharing, transfer of acquired skills and experiences
-
- Documentation
 - Popularization and education (media and publicity, lectures and presentations, social networks)
 - Financing / lobbying / professional and private networks

EXIBITION “GLIMPS”, Croatian School Museum, 2008.





World of light and darkness



Simulation glasses



Olfactory Boxes



Video presentation



Tactile Pictures

INCLUSIVE AND SIMULATION ART WORKSHOPS in galleries and museums



CSM, “Whom I create will be alive”- Lion



CSM, Simulation workshop

- **ART ACTION IN MONKEY HOUSE “Uranus o’clock”**
Aid for griffon vulture , World Animal Day, ZOO, 2002.



Goals : acquisition of new experiences of participants, participation of children with multiple difficulties in the cultural life of the city, public awareness

Message: every culture is repressive, freedom is inside the man, the way to freedom can be imagination and creativity

ZAGREPCANI U ZOOLOŠKOM VRTU OBILJEŽILI SVJETSKI DAN ZAŠTITE ŽIVOTINJA

SLIJEPA DJECA ZA BJELOGLAVOG SUPA

Izložbama na temu životinja, bogatim glazbeno-scenskim nastupima i umjetničkim radionicama jučer je u gradskom Zoološkom vrtu obilježen Svjetski dan zaštite životinja. Bogati prigodni program u Maksimiru, posvećen ugroženim bjeloglavim supovima, privukao je oko dvije tisuće Zagrepčana.

Hrvatski prirodoslovni muzej ovu je godinu posvetio bjeloglavom supu, pa će sav novac od današnje prodaje razglednica i plakata na našim SOS štandovima biti doniran Eko-centru Caput Insulae - »Bjelk na Cresu«. Cilj okupljenih udruga je stvaranje fonda za životinje u Hrvatskoj, naravno, u suradnji s Ministarstvom zaštite okoliša i prostornog uređenja, pokroviteljem današnjeg događanja i Prirodoslovnim muzejom - rekla je Silva Supek, predsjednica Udruge Uranski nulti sat, jedne od organizatora događanja.

Dok su najmlađima u ZOO-u pažnju privlačile, za njih egzotične životinje, stariji su uživali u glazbi Lidije Bajuk, plemenskom ritmu bubnjeva grupe Rhythm Tribe, performansima i žongliranju. Uz zabavu posjetitelji su se mogli i obrazovati o ugroženim životinjama iz vijesti na cesti. Udruga za demokratsko društvo, koje su im čitali poznati glumci Biserka Ipša i Hrvoje Klobučar.



Male ruke za bjeloglavog supu

Oči koje vode - noge koje nose

Svjetski dan zaštite životinja jučer su na ulazu u park Maksimir obilježile i Udruga Krila - terapijsko jahanje i Hrvatska udruga za školovanje pasa vodiča i mobilitet. Udruga su za djecu gradskih škola i vrtića organizirale edukativni program uz igre pod motom »Oči koje vode, noge koje nose«. Pored upoznavanja s terapijskim jahanjem, okupljena djeca mogla su i sama jahati na poniju. (L. D.)

»Brat magarac« oduševio djecu

Svjetski dan zaštite životinja i blagdan Sv. Franje Asiškog obilježen je jučer i na terasama kluba za obuku službenih i sportskih pasa Zagreb kod Jadranskog mosta. Udruga za istraživanje i promicanje uloge kućnih ljubimaca u životu čovjeka »Ljudi i ljubimci« za mališane je iz Dječjeg doma Josipovac iz Nazorove, te osnovnoškolice iz Jure Kaštelana priredila zanimljiv program uz darove i slatkiše. Nastupili su Minea i Rene Medvešek, koji je djeci pričao o svojoj predstavi »Brat magarac«, koja govori o sv. Franji, zaštitniku životinja. (I. Ra.)

VEČERNJI LIST, 5. listopada 2002.



Museum of Contemporary Art, 2004.

Art action “THE EARTH IS A SPHERE”

“Performance is the ritual of therapeutic function, first for participants and then for viewers.”

A. Kaprow



Štićenici Male kuće radili na skulpturi umjetnika Kožarića

MARTINA CINDRIĆ



Štićenici Centra za rehabilitaciju osoba s oštećenjima vida i dodatnim teškoćama - Mala kuća - jučer su počeli projekt Zemlja, izradivši kalup prema kugli umjetnika Ivana Kožarića u Muzeju suvremene umjetnosti.

Kuglu će štićenici obojiti u planet Zemlju, koju će na kraju izložiti na određenom javnom mjestu. Projekt će trajati godinu dana jer će štićenici, radeći planet, za svaki kontinent ili zemlju pokušati u stvarnosti osjetiti kako određeni narod živi. (M. C.)

- The multi-layered interaction of groups and environments, objects and actions initiated and supported the process of change





MSU,
Atelier Kožarić,
Video
“The Earth is a Sphere”,
2014.



Art Action “Rattus Epimys Zagradiensis”

Street festival “Čest is d’best, 2006.





Foster Desk - consent to care and make creative sculpture intervention and one-year communication with the group.



Outcomes

- experience of self as creative and well accepted being
- better selfperception, confidence, satisfaction a sence of connection with the enviroment
- a better sence of controle



Interdisciplinary project – MULTISENSORY PARK

- Specifically designed space, sensuously harmonized content have interactive effect on the senses
- Horticultural content is endowed with artistic sculptures





“ABACUS DABRACUS”

- 100 quantitatively equal but qualitatively different forms - equality of human beings and the specificity of each individual
- Movements - communication
- «Abrakadabra!» – fullness and magic of life





relationship with sculpture
through time, care, visiting,
interpretation, restoration ...

A fluffy tortoiseshell cat with green eyes is sitting on a wooden floor next to a red radiator. The cat has a mix of black, brown, and orange fur. The radiator is red and has a ribbed texture. The floor is made of light-colored wooden planks. The background is dark and out of focus.

A group of people, including children and adults, are sitting on a red mat in a room, participating in a music or drama activity. They are holding various instruments like maracas and a tambourine. A blue box with more instruments is visible on the left.



Shaping...



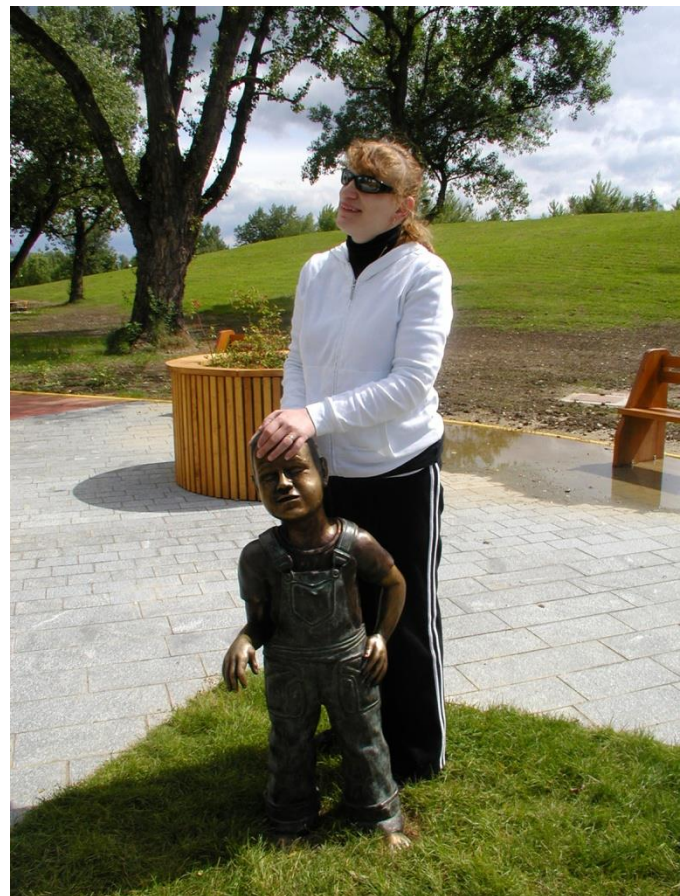


Interactive sculpture –
cest door lead inside
(desire for opening)





“LITTLE FRIEND”



Tactile globe

“EARTH HUGGING THE GROUND”

(connecting microcosm and macrocosm)



Intervention and reflection – Little House at Hawaii





- 1st time in Croatia persons with disability have the opportunity to put their creation in the public space and became visible, therefore opening the space for communication.

INTERDISCIPLINARNI PROJEKT



- Višeosjetilni park je ciljano oblikovan prostor tako da osjetilno usklađenim cjelokupnim sadržajem interaktivno djeluje na pet osnovnih ljudska osjetila
- Hortikulturalni sadržaji obogaćeni su umjetničkim sadržajem



OUTCOMES

- Socialization and integration of marginalized into the community, new identity - creative, fulfilled and valuable beings, knowledge of life and change, development of social networks
- Opening communication channels between the "healthy" and marginalized worlds - directly affected a large number of people (new insights and experiences) and influenced the change of conservative traditions towards people with disability (sensitization results particularly visible in children) - positive difference
- Creating a network with other institutions and experts who work with marginalized people and turning their attention to the possibility of acting on clients and community through art projects (as well as authority structure, artists and curators)
- New insights and experiences, growth and development of all participants, raising the quality of life

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ART IN COMMUNITY - PROJECT RHINOCEROS

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“The path of independent life”, Erasmus+ 2021.

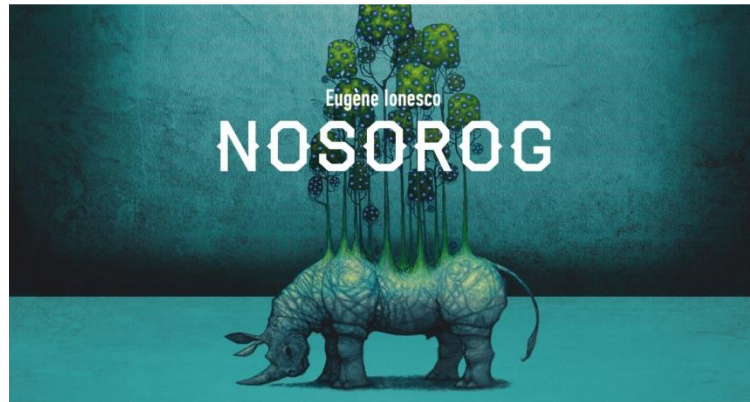
PROJECT RHINOCEROS (2011-2014.)

- Explore the topic - discover links, senses and messages



- Poor vision, strong armor and lonely animals - children and youth with disabilities are easily identified
- The species that extinguishes, the only enemy is man, their lives depend on politics and financial support of the governments of the countries they live in - parallels with marginalized groups

Research on the theme of Rhinoceros in the history of art and pop culture



"By defending the battle of the point of view, when you get to the glade, take the straight course.

With own knowledge,
not guided by another,
move alone like a Rhinoceros"

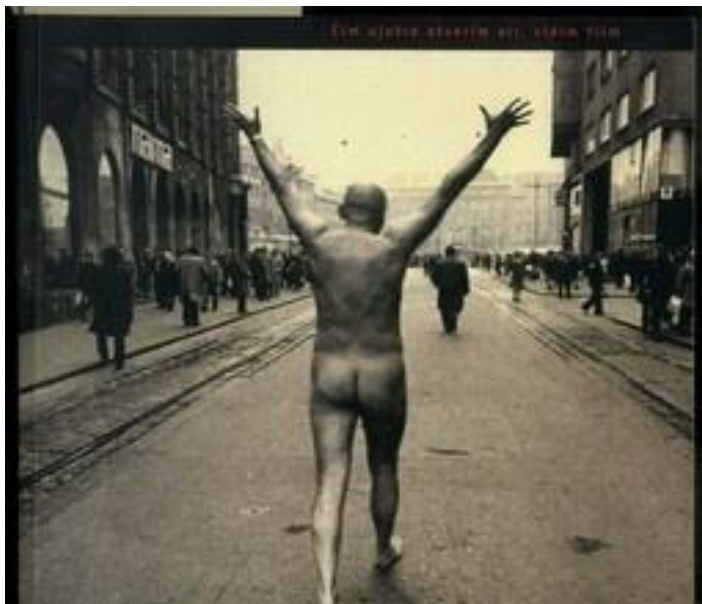
Budha (563 - 483 p.K.), the poem
"Rhinoceros"



Hawad Howks, *Hatari!*, 1962.

•

Tom Gotovac, "I Love Zagreb", Square of the Republic, 1981. (one of the fundamental works of radical art practice) -30th anniversary



CONCEPT

POPULIST AND EXPERIMENTAL APPROACH "RHINO STORY"

Rhinoceros will stay in different city areas, on our initiative or in response to a call , through interaction with target groups of people he will collect experience and develop, which will be reflected by changing the color of his "skin" where each color has symbolic significance.

BROWN – unshaped beginning

RED - blood, passion, life

BLUE - thought, imagination, romance

ORANGE – compassion, empathy and creativity

YELLOW - intuition and warmth, insanity

GREEN - feelings

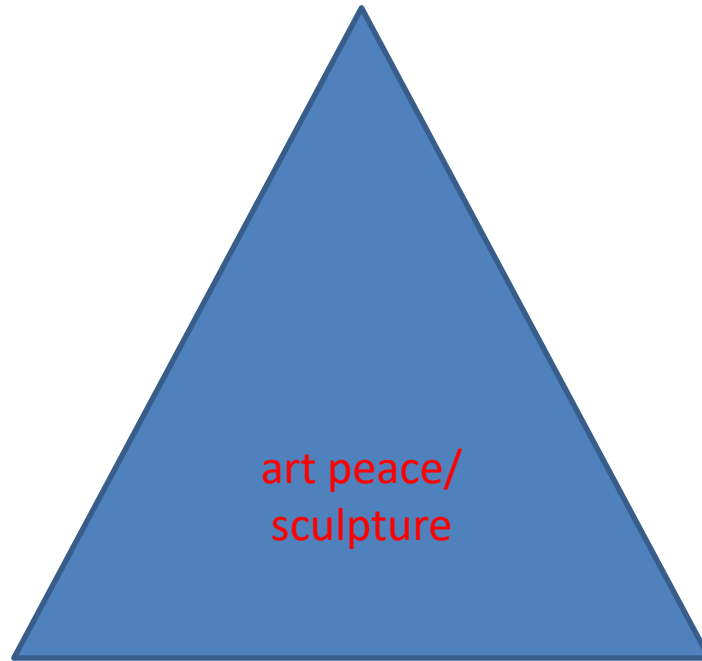
BLACK - trauma, depth, underworld, death

WHITE - color of purification, birth

MAGENTA - surprise and emotional reaction, the color of love

The sculpture was presented by telling the story of the Rhinoceros' life, accompanied by visual material, followed by creative workshops and storytelling.

art therapist/ creative team



client/group

Methods :

using metaphors, telling a story, games, creative workshops, conversations

family, community (passengers, kindergarten and school children, students, experts and professionals i scientists, patients, museum audience, marginalized groups)

Heterogeneous group of youths with MDVI
(15-21 g)

Education, rehabilitation and creative
process, "art as therapy" approach





Main Bus Station





Posh Fantasy Bar

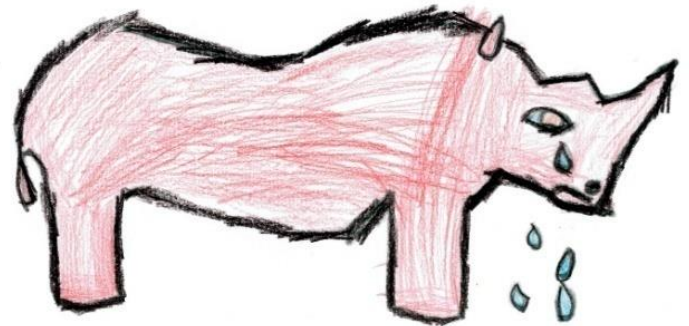




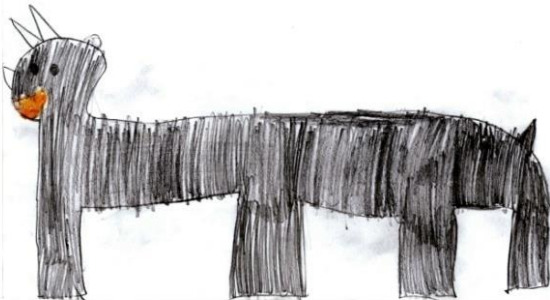




LOVRO



MARTA

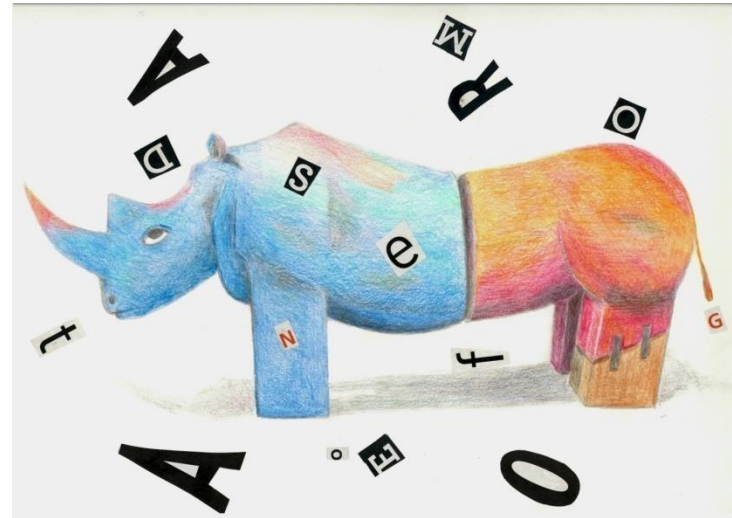


EVA





Elementary School Remete





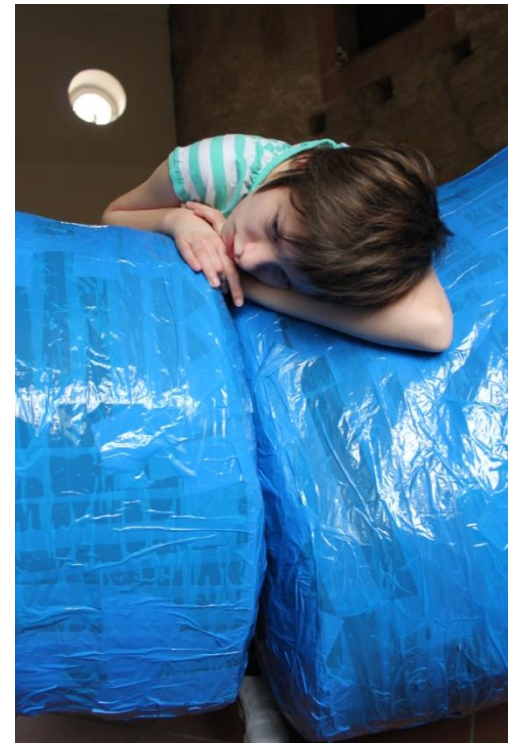
Street Festival “Strossmartre”







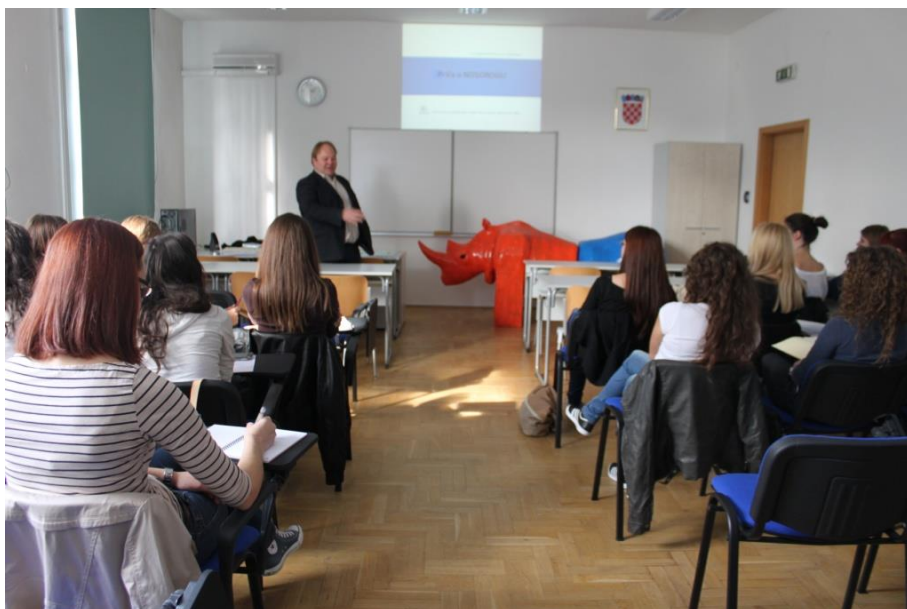
City Museum





Faculty of Education and Rehabilitation Sciences - International Symposium





Clinical Hospital Centre Zagreb

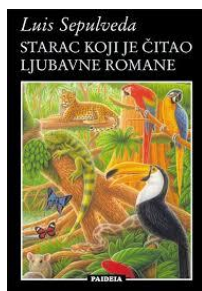




Positive Projective Methods for empowerment – Art workshop “If I’m Rhino”

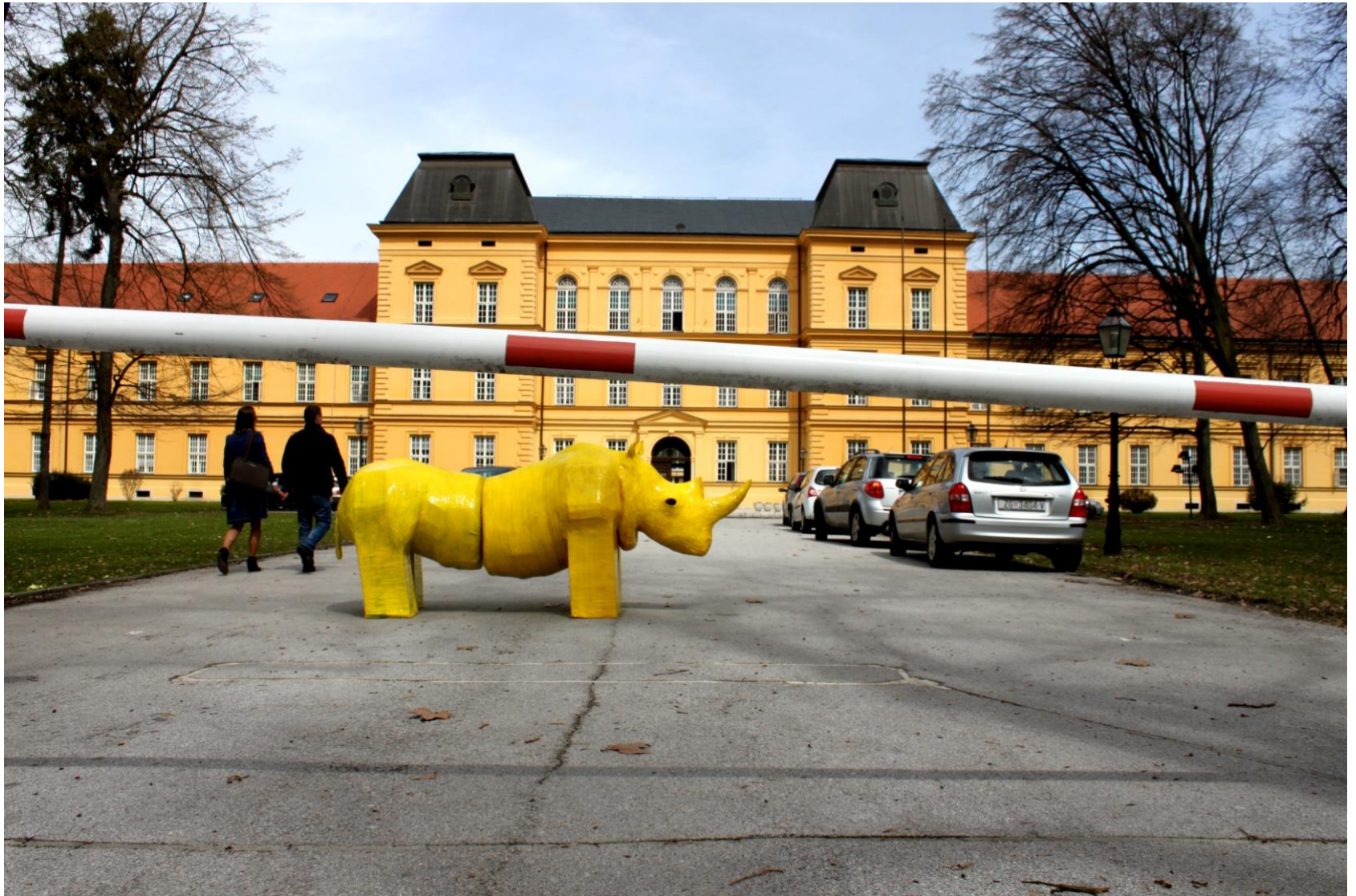
Retirement home Medveščak





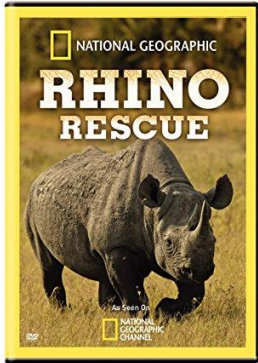


Psychiatric clinic Vrapče





Zoo







Albrecht Dürer, 1515.



Salvador Dalí, 1956, Marbella



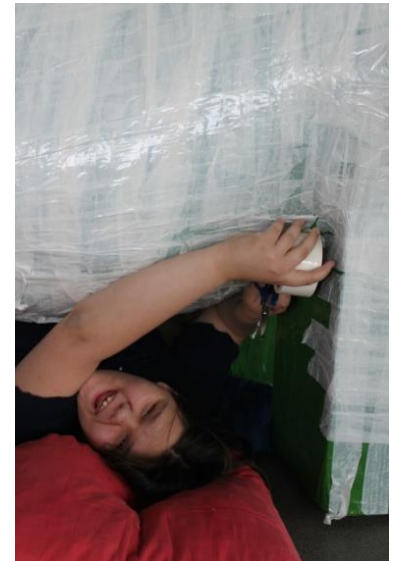
Jean Baptiste Oudry, 1749.



Pietro Lounghi, 1751.



Museum of Contemporary Art







Sculptures Alea



Multisensory Park, SRC Jarun









Atelier - Krešimir Katušić, transformation



Opening ceremony: setting sculpture in public spaces and publishing the Story of Rhino







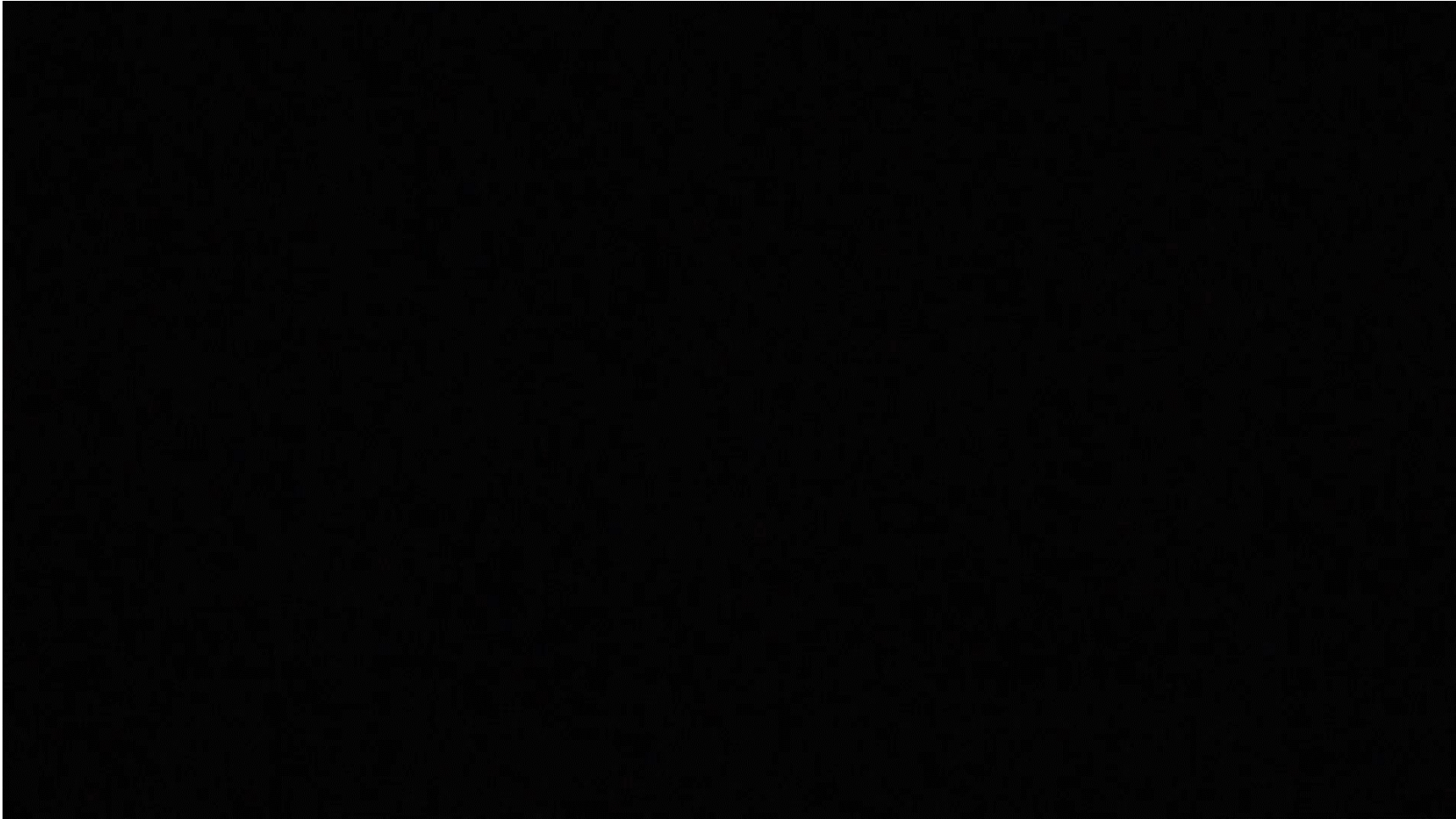


The project was supported by the City of Zagreb and the City Office for Social Welfare and Persons with Disabilities

A Street festival "Cest is d`best", 2015, Artistic Flag Festival



Students and professors from the
University of Indianapolis



OUTCOMES

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- Creating a network with other institutions and experts who work with marginalized people and turning their attention to the possibility of acting on clients and community through art projects (as well as authority structure, artists and curators)
- New insights and experiences, growth and development of all participants, raising the quality of life

The Rhino project is included in the art culture textbook for the 6th grade of primary school



ART IN COMMUNITY PROJECT TIGER

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Center for rehabilitation Mali dom-Zagreb



“The path of independent life”, Erasmus+ 2021.



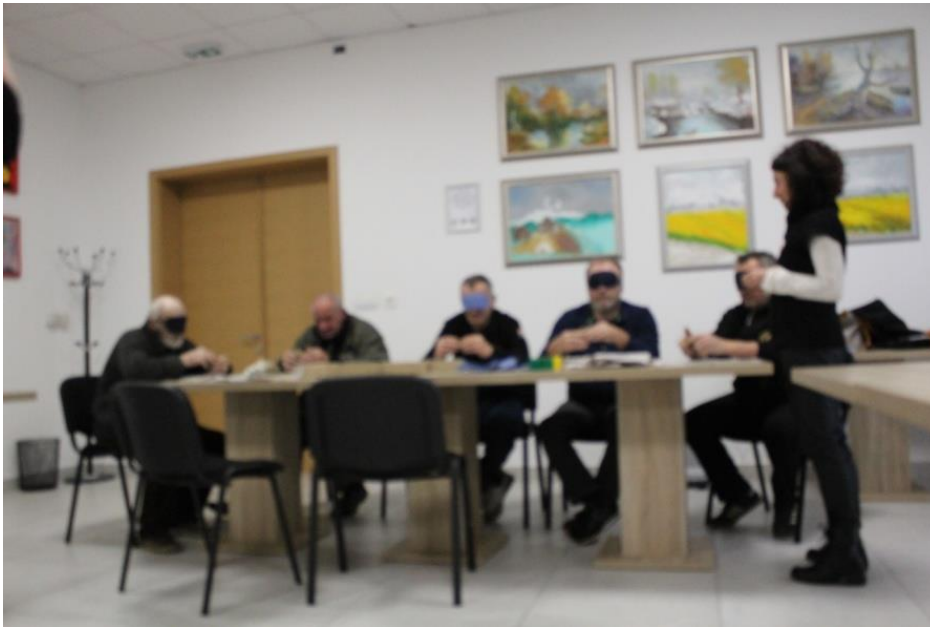
PROJECT TIGER



- Led by Dražen Viljušić (kinesiolog, UNESCO mentor for the design of didactic toys and aids) and Margareta Vidmar (art therapist, spec.psychotr.)
- The Tiger Project includes MDVI children (4-7 years) and youths (15-20 years) and is carried out in cooperation with veterans, beneficiaries of the Institution for Comprehensive Care "Tigers" in Rakitje
- Copying Rhino concept – Making sculpture of Tiger together (educational, rehabilitation and therapy content) – the group in roll of artist. Following the author's initiative or responding to the invitation, the Tiger sculpture will reside in various urban spaces, opening a space for communication with the community
- Duration: 3 years (because of covid pandemia extended)
- Finally, sculpture will be cast in bronze and placed in front of the Tiger Memorial House

The beginning

- Writing the project
- Experiential simulation Workshop with veterans and social worker - how to approach people with special needs



Joint introductory workshops

- Connecting and getting to know each other using positive and negative projective techniques



- Learning about species of tigers and humans (differences and similarities)
Exploring the symbols and metaphors of the tiger in classical and pop culture
- Introducing participants to the role of artists and choice of tiger model/pose
- Constructing a sculpture base

The Pandemia stoped us for 9 months, in February 2021. we had a chance to continue...



Veterans disigned caps and T-shirts of project, veterans disigned caps and T-shirts of project- affected a sense of belonging

The Little Home team sculpting the Tiger, while veterans follow the events and reflected via the zoom platform.





Also, we have continued to explore the theme of the tiger in popular and classical culture ex. Ang Lee film „Life of Pi” or Judith Kerr "Tiger who come for tea“...

...or Alan Alexandar Milne „Winnie thePooh”



Children from the Lavići group shaped tiger's tails, eyeballs and heart.



And then we exchange sculpture and roles...



Now we drank coffee with big pleasure and watched the “Tigers” work diligently.



Workshop : Which saves the soldier's life





When the weather is nice Joint workshops take place in Kate Šoljić Park nearby and we find out that we are resistant on cold whether. Rapidly growing trust, relaxation and growing group cohesion and group learning. The beginning of the street experience through communication with the local community.

Features of the creative process: excited and enthusiastic action and then stopping to observe, removing the wrong parts; training to deal with impulsiveness and patience



Interconnection through a common creative process supports individual and group transformation process. New experiences and experiences of identity as a creative being, as well as a sense of belonging to this special group have a stimulating and empowering effect on all participants.



To be
continued...